# LIVING IN BATON ROUGE

General Information Transportation Markets and Grocery Stores Banking Buying Used Items

# **BATON ROUGE GENERAL INFORMATION**

#### Baton Rouge Water - brwater.com/water-quality.html

Baton Rouge water is safe to drink directly out of the tap without filtering or boiling. The Baton Rouge Water Company adds chlorine to the water at the ratio of 1.4 parts per million to prevent the presence of pathogens. Because of this, the water tastes best immediately, and less good after sitting. If your water has a brown tint it is the naturally occurring mineral manganese. If it has a rotten smell it is the naturally occurring sulfur compounds. Baton Rouge water is tested regularly to maintain safe levels of all minerals, but if you do not prefer the taste you may want to filter it.

#### Baton Rouge Recycling and Trash - brgov.com/recycle

In the United States each city has different rules about what can be recycled or considered non-recyclable trash.

Baton Rouge recycles only:	Baton Rouge <b>does not</b> recycle:
Clean paper, clean cardboard, food	Plastic bags of any kind, clothing,
cans, glass food bottles and jars, plastic	furniture, batteries, liquids, food stained
packaging marked with numbers 1	cardboard or paper, books, dishes,
through 7.	mattresses, foam, electronics.

All non-recyclable items should be deposited into trash dumpsters or donated to Goodwill or another clothing and furniture donation center (see the page on buying used items).

#### Baton Rouge Postal Service - usps.com

The United States Postal Service (USPS) has locations and drop boxes throughout Baton Rouge where you can mail letters and packages, and buy postage. The cost of sending standard letter is 49¢ in the U.S. and \$1.15 internationally. Address as below:

From: Joe Smith	Place
123 Main Street, Apt 2	Stamp
Baton Rouge LA 70802	Here
To: Lily Juarez 567 Washington Road Phoenix, AZ 85001	

The USPS is the most affordable for shipping, but to explore other options visit fedex.com and ups.com.

#### Baton Rouge Police - brgov.com/dept/brpd

Police officers in the United States assist the public in times of need, enforce the law, and encourage safety. Police officers can be identified by official vehicles, or a personal police badge with an identifying number. If you experience a crime, traffic accident, urgent need, or otherwise feel unsafe, Baton Rouge Police and LSU Campus Police can be trusted to assist you kindly. Treat officers with respect, obey their instruction, do not lose your temper, and do not offer bribes. To report a crime or accident call 225-389-2000. For emergencies call 911.

#### Capital Area Transit System (CATS) - brcats.com

CATS provides public transportation throughout Baton Rouge with bus routes available 7 days a week. This year many new routes are being added. Check the website **brcats.com/routeinfo** for times and locations. Fare is discounted or free with a student ID card.

Below is a popular new route for visiting the Super Walmart on College Drive. It stops at the LSU Student Union and the Journalism Building.

Route 18 - LSU - Cortana Mall											
Cortana Mall 🗕 LSU				LSU 🔿 Cortana							
Cortana Mall	Jefferson / Corporate	Lee / Perkins	Lee / Highland	Bob Pettit / Nicholson Dr.	LSU Student Union	LSU Student Union	Bob Pettit / Nicholson Dr.	Lee / Highland	College / Perkins	Corporate / Jefferson	Cortana Mall
1003	1521	1531	1535	2695	2123	2123	2694	1567	1574	1581	1003
6:20†	6:35†	6:45 <sup>†</sup>	6:51†	7:03†	7:10*	6:15+	6:24†	6:36†	6:42†	6:52+	7:05†
7:20	7:35	7:45	7:51	8:03	8:10	7:15	7:24	7:36	7:42	7:52	8:05
8:20	8:35	8:45	8:51	9:03	9:10	8:15	8:24	8:36	8:42	8:52	9:05
9:20	9:35	9:45	9:51	10:03	10:10	9:15	9:24	9:36	9:42	9:52	10:05
10:20	10:35	10:45	10:51	11:03	11:10	10:15	10:24	10:36	10:42	10:52	11:05
11:20	11:35	11:45	11:51	12:03	12:10	11:15	11:24	11:36	11:42	11:52	12:05
12:20	12:35	12:45	12:51	1:03	1:10	12:15	12:24	12:36	12:42	12:52	1:05
1:20	1:35	1:45	1:51	2:03	2:10	1:15	1:24	1:36	1:42	1:52	2:05
2:20	2:35	2:45	2:51	3:03	3:10	2:15	2:24	2:36	2:42	2:52	3:05
3:20	3:35	3:45	3:51	4:03	4:10	3:15	3:24	3:36	3:42	3:52	4:05
4:20	4:35	4:45	4:51	5:03	5:10	4:15	4:24	4:36	4:42	4:52	5:05
5:20	5:35	5:45	5:51	6:03	6:10	5:15	5:24	5:36	5:42	5:52	6:05
6:20	6:35	6:45	6:51	7:03	7:10	6:15	6:24	6:36	6:42	6:52	7:05
7:20	7:35	7:45	7:51	8:03	8:10	7:15	7:24	7:36	7:42	7:52	8:05
8:20 <sup>+</sup> 9:20 <sup>+</sup>	8:35 <sup>+</sup> 9:35 <sup>+</sup>	8:45 <sup>+</sup> 9:45 <sup>+</sup>	8:51 <sup>+</sup> 9:51 <sup>+</sup>	9:03* 10:03*	9:10 <sup>+</sup> 10:10 <sup>+</sup>	8:15 <sup>+</sup> 9:15 <sup>+</sup>	8:24 <sup>+</sup> 9:24 <sup>+</sup>	8:36 <sup>†</sup> 9:36 <sup>†</sup>	8:42 <sup>+</sup> 9:42 <sup>+</sup>	8:52 <sup>+</sup> 9:52 <sup>+</sup>	9:05 <sup>+</sup> 10:05 <sup>+</sup>
9:20	7:35	7:45	7:51	10:03	10:10	9:15	7:24	7:30	7:42	7:52	10:05

Route info as of August 2014. Subject to change, check brcats.com/routeinfo for updates.

#### LSU Tiger Trails Transit System - tigertrails.lsu.edu

LSU operates a bus system on campus and in the surrounding area that is free to LSU students, faculty, staff, and visitors, both on and off campus. Visit the website to view stops and schedules. Hours are modified during summer and school holidays. You can also use your phone or mobile device to track the buses in real time using the LSU mobile app: lsu.transloc.com/info/mobile

#### **Bicycles**

Baton Rouge is not a bike friendly city, so long distance transport by bike can be dangerous. However, for short distances and around campus, a bike is ideal. Low quality bicycles can be found at WalMart, and higher quality bicycles can be found used on batonrouge.craigslist.org, at The Bicycle Shop (bicycleshop.com 3315 Highland Rd, Baton Rouge, LA, 225-344-5624) and at Mid City Bikes (2560 Government St, Baton Rouge, LA 70806 225-636-5776).

Bicycles on the LSU campus must be registered with the LSU police department for a fee of \$5. Wearing a helmet while riding is recommended for both adults and children.

# MARKETS AND GROCERY STORES IN BATON ROUGE

#### **INTERNATIONAL MARKETS**

Akasha Market Greek and Lebanese Market Location: 1190 Bob Pettit Blvd., Baton Rouge, LA Hours: Open 7 days (near LSU Campus)	Phone: 225-766-6478
<b>Oriental Market - Korean</b> Location: 162 Lee Drive Suite C, Baton Rouge, LA Hours: 225-361-0812 9:30 a.m 7:30 p.m.	Phone: 225-361-0812
Vinh Phat Market - Asian Grocery and Gifts Location: 12361 Florida Blvd., Baton Rouge, LA Hours: Monday - Sunday 9:00 a.m. to 8:00 p.m.	Phone: 225-273-1175
<b>Tienda Gloria</b> Location: 13869 Florida Blvd, Baton Rouge, LA	Phone: 225-273-6140
Latinos Supermarket Location: 11435 Florida Blvd, Baton Rouge, LA	Phone: 225-275-8223
Le's Oriental Market Location: 1134 Marque Ann Dr., Baton Rouge, LA Hours: Monday - Sunday 8:30 a.m 8:30 p.m.	Phone: 225-273-9579

#### **Asian Market**

Location: 8342 Perkins Rd., Baton Rouge, LAPhone: 225-768-7268Hours: Monday - Friday 10-7:30 p.m., Saturday and Sunday 8:00 a.m. to 7:30 p.m.

#### A to Z International Fine Foods - Indian/Middle Eastern

*Location:* 13461 Tiger Bend Rd., Baton Rouge, LA *Phone:* 225-763-7746 *Hours:* M-Thurs. 10:30-7:00, Friday 3:30-8:00 Saturday 9:30 - 8:00 & Sunday 12-6

#### **Fashion India & Groceries**

 Location: 11802 Coursey Blvd, Baton Rouge, LA
 Phone: 225-293-4719

 Monday - Friday 11-7:30, Sat. 10-7:30, Sun. 12-7:00
 Phone: 225-293-4719

## **INTERNATIONAL MARKETS CONTINUED**

Olive Tree's International Food - Middle Eastern			
Location: 10979 Coursey Blvd #G, Baton Rouge, LA	Phone: 225-291-2935		
Hours: 9am to 9pm everyday			
Pita Boy International Grocery			
Location: 11197 Muriel Ave Baton Rouge, LA	Phone: 225-274-0022		
<i>Hours:</i> Mon- Sat 10am-7pm,Sun.12pm-4pm			
Saigon Hong Kong Seafood Market Location: 1295 N Sherwood Forest Dr, Baton Rouge, LA Hours: Monday - Sunday 8 a.m 8:30 p.m.	Phone: 225-272-8822		
La Tiendita/ El Sol de Guerrero - market and restau	rant		
<i>Location:</i> 6031 Siegen Ln, Baton Rouge, LA <i>Hours:</i> Always open	Phone: 800-733-7330		
Barakat International - Indian and Pakistani	Phone: 225-757-6086		
Location: 191 Woodale Blvd., Baton Rouge, LA (Sells Hala	al Lamb)		
PRODUCE STORES AND FARMER'S MARKETS			

Southside Produce Store	
Location: 8240 Perkins Rd., Baton Rouge, LA	Phone: 225-763-9001
Hours: 6:30am to 6:30pm 7 Days a Week	
Fresh Pickins	
Location: 10375 Coursey Blvd., Baton Rouge, LA	Phone: 225-291-7473
<i>Location:</i> 10375 Coursey Blvd., Baton Rouge, LA <i>Hours:</i> 7am - 8pm 7 days a week	Phone: 225-291-7473

## **Red Stick Farmer's Market**

Thursday market: 6400 Perkins Rd. 8am-12pm Saturday market: 5th and Main St., Downtown 8am-12pm

## **POPULAR AMERICAN GROCERY STORES**

Wal-mart Superstore Hours: Mon-Sun 24 hours a day Location 1: 3132 College Dr., Baton Rouge, LA Phone: 225-952-9022 Location 2: 10606 N. Mall Dr., Baton Rouge, LA Phone: 225-291-8104 *Products & services:* groceries, pharmacy, household goods, appliances, autocare.

Wal-mart Neighborhood Market	<i>Hours:</i> Mon-Sun 6am-12pm
5255 Highland Rd., Baton Rouge, LA	Phone: 225-766-7776
Products & services: groceries and pharmacy	

Albertsons Supermarket	Hours: Mon-Sun 6am-11pm
Location 1: 2950 College Dr., Baton Rouge, LA	Phone: 225-924-6084
Location 2: 9960 Bluebonnet Blvd., Baton Rouge, LA	<i>Phone:</i> 225-768-7775
Location 3: 7515 Perkins Road, Baton Rouge, LA	Phone: 225-769-6100
Products & services: groceries and pharmacy	

#### Winn-Dixie

Location : 5555 Burbank Dr Baton Rouge, LA Products & services: groceries

Trader Joe's

Hours: Mon-Sun 8am-9pm

#### Whole Foods

Hours: Mon-Sun 8am-10pm Phone: 225-218-0452 Location: 7529 Corporate Blvd., Baton Rouge, LA Products & services: organic groceries, vitamins, coffee and lunches to-go.

*Location:* 3535 Perkins Rd, Baton Rouge, LA 70808 Phone: (225) 382-0588 Products & services: organic groceries, specialty snacks and juices

Hours: Mon-Sun 7am-12am

Phone: 225-757-0501

# **RECREATION IN BATON ROUGE**

#### Baton Rouge Recreation/Park System (BREC) - brec.org

BREC maintains 184 parks throughout East Baton Rouge Parish that feature a wide variety of quality facilities open to everyone. Many activities are free, and some include an admission or class fee. Activities include:

Walking & Hiking Fishing Canoeing &Kayaking Nature centers Horseback riding Swamp walks Tennis Volleyball Basketball Rugby Baseball Soccer Fitness &Dance classes Martial Arts classes Skateboarding Summer camps Playgroups Playgrounds and more!

#### East Baton Rouge Parish Libraries (EBRPL) - ebrpl.org

EBRPL has 16 locations around the city where all varieties of books (English and other languages) can be borrowed for **free** by anyone living in Baton Rouge, including children. To sign up for a library card just bring in a piece of mail that shows your address, and an Identification Card of some kind. The library also has free access to computers, printers, magazines, movies, music, audio books, electronic books and magazines, online language learning software and more.

#### Baton Rouge Zoo - brzoo.org

Location: 3601 Thomas Road • Baton Rouge, LA 70807 Admission Adults/Teens: \$8.25 Seniors: \$7.25 Children ages 2-12: \$5.25 under age 2: Free **Discount**: Wednesday afternoons between 3pm and 4pm admission is \$1.25 per person for all ages.

#### LSU Rural Life Museum - rurallife.lsu.edu

4560 Essen Ln, Baton Rouge, LA Admission Adults/Teens: \$9.00 Children 5-11: \$8 Children under 5:Free

#### LSU Museum of Art - Isumoa.org

Shaw Center for the Arts • 100 Lafayette Street •Baton Rouge, Louisiana Admission: LSU students : Free Over age 12:\$5.00 12 and younger: Free

All admission free on the first Sunday of each month.

#### Live After Five - downtownbr.org/live-after-five/line-up

**Free** concerts on North Boulevard in downtown Baton Rouge every Friday evening in September & October (fall series), and April & May (spring series). Visit the website for the lineup of local musicians.

For more information and activities visit:

downtownbatonrouge.org
 visitbatonrouge.com

•225batonrouge.com/section/weekender • lasm.org •

•ymcabatonrouge.org • louisianaoldstatecapitol.org •

crt.state.la.us/louisiana-state-museum

louisianatravel.com
 crt.state.la.us/parks

kleinpeterdairy.com

# BANKING

Banking in the United States is very helpful for depositing pay checks and paying bills efficiently. Different banks will be best for different individuals based on locations and features desired. Below are some helpful banking definitions and instructions. For more in depth financial tips, visit money blogs like cashcowcouple.com or 20somethingfinance.com .

#### **Checking Account**

Checking accounts allow you to deposit and withdraw money frequently and are a great way to pay your tuition and monthly bills. When you open a checking account, it usually comes with checks and a debit card to allows you to make purchases and pay bills directly from the account. While choosing a bank ask about annual fees, ATM fees, and low balance fees. Some banks have a "fee free" checking option. Some offer budgeting tools online, if they don't, try mint.com.

#### **Savings Account**

Savings accounts are bank accounts that earn interest, and are typically used for long term saving of money and cannot be used to pay bills or write checks. The interests, minimum balances, service fees vary from bank to bank. You may not need a savings account, but it is worth asking your bank about.

#### **ATM (Automated Teller Machines)**

Usually banks will not charge extra fees when you are using your bank's ATM. When you use an ATM in a store or at other banks, you may be charged an extra transaction fee. An alternative to using an ATM is to make a purchase with your debit card and ask for cash back. Most banks do not charge fees for cash back purchases.

#### **Opening a Bank Account in the US**

To open an account in the U.S. you will need the following items:

- Proof of Address (Apartment Rental Agreement, Utility Bill, etc. with Name and Permanent Address)
- Passport and a second form of identification (driver's license, School ID, etc.)
- I-94 Card
- I-20, DS-2019 or I-797 Approval Notice
- Enrollment Verification Letter from LSU
- Social Security Card (you do not need one to open all bank accounts, but some banks may ask for it, so call ahead)
- Minimum Opening Deposit of \$50 USD

#### Wire Transfer

A wire transfer is the electronic transfer of funds from one financial institution to another. Money can be wired from other countries to your bank, or using a money wiring company such as moneygram.com

#### Credit Card

A Credit Card is a card used to make purchases, and serves as line of credit extended by a financial institution. You must pay the bill each month, and any unpaid amount will be charged interest at a very high rate. To be eligible for a credit card you must have a social security number.

## **BUYING USED ITEMS**

#### **Thrift Shops**

Thrift shops are stores that sell discounted used clothing, furniture, household items, and books. Most thrift stores also accept used item donations. The proceeds from some thrift stores benefit charities or provide for low income families. All of the thrift stores below are on the Capital Area Transit System (CATS) bus line.

America's Thrift Store Location: 9526 Cortana Place, Baton	Hours: Mon-Sat 8am-9pmRouge LAPhone: 225-923-0010
<b>Connections For Life</b> <i>Location:</i> 2286 Highland Road, Bator	
Family Thrift Center	Hours: Mon-Sat 10am-6pm
Location: 209 Little John Drive, Bator	n Rouge LA Phone: 225–272-9900
<b>Goodwill Industries Thrift Store</b>	Hours: Mon-Sat 9am-8pm, Sun 12pm- 6pm
Location 1: 3121 College Dr.	Phone: 225-926-1868
Location 2: 10350 Burbank	Phone: 225-778-5642
Location 3: 10778 Coursey Blvd.	Phone: 225-295-1921
Here Today, Gone Tomorrow	<i>Hours:</i> Mon-Sat 9am-6pm, Sun 12pm- 6pm
Location: 10240 Burbank	<i>Phone:</i> 225-769-2259
Salvation Army	<i>Hours:</i> Mon-Fri 9am-5pm, Sat 9am-4pm
Location: 7361 Airline Highway	<i>Phone:</i> 225-355-4635
<b>St. Vincent DePaul Thrift Stores</b>	Hours: Mon-Sat 9am-5pm
Location 1: 5621 Government	Phone: 225-925-5255
Location 2: 1871 Staring Lane	Phone: 225-819-0460
Location 3: 2655 Plank Rd.	Phone: 225-356-9683

#### Garage Sales & Estate Sales

Garage sales are usually a single household selling items they no longer use, often furniture, electronics and other household items. Estate sales are similar, but larger, and are held when an entire house full of items is being sold. Both are usually held on Friday or Saturdays, and advertised in the newspaper or on batonrouge.craigslist.org. Go early for best deals.

#### <u>Online</u>

You can find individual used items to purchase from the following websites • <u>batonrouge.craigslist.org</u> • <u>theadvocate.kaango.com</u> •

• forsale.oodle.com/furniture/baton-rouge-area • ebay.com •

When meeting someone you found online always meet in a public place and bring a friend. Never pay before reviving your item, and never provide bank information via email.