Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore, honor God with your body.

Corinthians 6:19-20

The Purity For Life Pledge

In honor of God, my family, and my future spouse,
I commit my life to sexual purity and integrity for life. This involves:
Honoring God with my body.
Renewing my mind for the good.
Turning my eyes from worthless things.
Guarding my heart above all else.

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Signature *Date*

Write a brief prayer to God or note to your future spouse explaining your commitment.

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