

PRAYER WALKING

By Doug Braun

TAKING IT TO THE STREETS

“Seek the peace of the city... and pray to the LORD for it; for in its peace, you will have peace” (Jeremiah 29:7 NIV).

PRAYER WALKING is simply praying in the very places we expect God to bring His answers. It is asking God to give *“Insight Onsite!”*

As you pray, you will find that *God Opens Your Eyes and Prepares Your Heart* to see the city from His perspective. Your **sorrow may deepen** for the plight of the city while your **hope grows** for what God desires and is able to do through your prayers.

You may discover a new appreciation for people as God sees them and so become more interested in their welfare.

Prayer walking is *“Ordinary believers stepping into the streets to pray effectively for their neighbors. With eyes wide open to real needs and with ears open to the promptings of God’s Spirit, intercession becomes an adventure”* (Graham Kenrick, Prayerwalking).

GUIDELINES FOR PRAYER WALKING

1. **Prepare** your heart using the *Prepared Heart Guide*. Consider a Fast for one meal, one day, a week, or forty days before your walk. (Refer to Gateway Strategy Brochure)
2. **Ask God** to guide, direct, lead and impress you with **His Agenda** for the people.
3. **Pray Scripture** for effectiveness.
4. **Expect** God to help you see the true **spiritual needs** and **battles** that need to be won for people who need breakthrough.

5. Walk and pray **inconspicuously** either individually or in pairs. *“Not to be seen but to see.”*

6. Walk **against** traffic.

7. **Be sensitive** to the thoughts and ideas God may be speaking to your heart and then **record them**.

8. Invite the **Presence of God** to be made known wherever you walk.

“If you remain in me and my words remain in you, ask whatever you wish, and it will be given you. This is to my Father’s glory, that you bear much fruit, showing yourselves to be my disciples” (John 15:7-8, NIV).

Get Real

- What Domain/Gateway are you observing?
- What does God seem to say about the things you see?
- What Scriptures comes to mind?
- What are you inspired to ask for?
- What do you expect?
- What insight has God spoken to your spirit on your prayer-walk?

Here are some Scriptures you can declare as you prayer-walk.

Peace for the city - Jeremiah 29:7

Open hearts - Acts 16:14

Open doors - Colossians 4:3-4

Authorities – 1 Timothy 2:1-4

God’s Favor - Isaiah 61:1-4

Turned hearts - Luke 1:17

Removed obstacles - Isaiah 57:14

Spirit’s ministry - Eph 4:12

Prosperity - Proverbs 11:10-11

Salvation - Acts 26:17-18

Healing - 2 Chronicles 7:14

Kingdom - Matthew 11:12

Highway of holiness - Isaiah 35:1-10

Fruition - Mark 4:14-20

Satan’s schemes exposed – Rev 12:9-12

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SCRIPTURES

PEACE FOR THE CITY: “Also, seek the peace and prosperity of the city to which I have carried you into exile. Pray to the Lord for it, because if it prospers, you too will prosper” (Jeremiah 29:7, NIV).

OPEN HEARTS: “One of those listening was a woman named Lydia, a dealer in purple cloth from the city of Thyatira, who was a worshiper of God. The Lord opened her heart to respond to Paul's message” (Acts 16:14, NIV).

OPEN DOORS: “And pray for us, too, that God may open a door for our message, so that we may proclaim the mystery of Christ, for which I am in chains. Pray that I may proclaim it clearly, as I should” (Colossians 4:3-4, NIV).

AUTHORITIES: “I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all men to be saved and to come to a knowledge of the truth) 1 Timothy 2:1-4, NIV).

GOD'S FAVOR: “The Spirit of the Sovereign Lord is on me, because the Lord has anointed me to preach good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners, to proclaim the year of the Lord's favor and the day of vengeance of our God, to comfort all who mourn, and provide for those who grieve in Zion — to bestow on them a crown of beauty instead of ashes, the oil of gladness instead of mourning, and a garment of praise instead of a spirit of despair. They will be called oaks of righteousness, a planting of the Lord for the display of his splendor. They will rebuild the ancient ruins and restore the places long

devastated; they will renew the ruined cities that have been devastated for generations: (Isaiah 61:1-4, NIV)

TURNUED HEARTS: “And he will go on before the Lord, in the spirit and power of Elijah, to turn the hearts of the fathers to their children and the disobedient to the wisdom of the righteous — to make ready a people prepared for the Lord” (Luke 1:17, NIV).

REMOVED OBSTACLES: “And it will be said: ‘Build up, build up, prepare the road! Remove the obstacles out of the way of my people’” (Isaiah 57:14, NIV).

SPIRIT'S MINISTRY: “To prepare God's people for works of service, so that the body of Christ may be built up” (Ephesians 4:12, NIV).

PROSPERITY: “When the righteous prosper, the city rejoices; when the wicked perish, there are shouts of joy. Through the blessing of the upright a city is exalted, but by the mouth of the wicked it is destroyed” Proverbs 11:10-11, NIV).

SALVATION: “I will rescue you from your own people and from the Gentiles. I am sending you to them to open their eyes and turn them from darkness to light, and from the power of Satan to God, so that they may receive forgiveness of sins and a place among those who are sanctified by faith in me” Acts 26:17-18, NIV).

HEALING: “If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land” (2 Chronicles 7:14, NIV).

KINGDOM ADVANCED: From the days of John the Baptist until now, the kingdom of heaven has been forcefully advancing, and forceful men lay hold of it” (Matthew 11:12, NIV).

SCRIPTURES CONT'D

HIGHWAY OF HOLINESS: “The desert and the parched land will be glad; the wilderness will rejoice and blossom. Like

the crocus, 2 it will burst into bloom; it will rejoice greatly and shout for joy. The glory of Lebanon will be given to it, the splendor of Carmel and Sharon; they will see the glory of the Lord, the splendor of our God. 3 Strengthen the feeble hands, steady the knees that give way; 4 say to those with fearful hearts, “Be strong, do not fear; your God will come, he will come with vengeance; with divine retribution he will come to save you.” 5 Then will the eyes of the blind be opened and the ears of the deaf unstopped. 6 Then will the lame leap like a deer, and the mute tongue shout for joy. Water will gush forth in the wilderness and streams in the desert. 7 The burning sand will become a pool, the thirsty ground bubbling springs. In the haunts where jackals once lay, grass and reeds and papyrus will grow. 8 And a highway will be there; it will be called the Way of Holiness. The unclean will not journey on it; it will be for those who walk in that Way; wicked fools will not go about on it. 9 No lion will be there, nor will any ferocious beast get up on it; they will not be found there. But only the redeemed will walk there, 10 and the ransomed of the Lord will return. They will enter Zion with singing; everlasting joy will crown their heads. Gladness and joy will overtake them, and sorrow and sighing will flee away” (Isaiah 35:1-10, NIV).

FRUITION: “The farmer sows the word. 15 Some people are like seed along the path, where the word is sown. As soon as they hear it, Satan comes and takes away the word that was sown in them. 16 Others, like seed sown on rocky places, hear the word and at once receive it with joy. 17 But since they have no root, they last only a short time. When trouble or persecution comes because of the word, they quickly fall away. 18 Still others, like seed sown among thorns, hear the word; 19 but the worries of

this life, the deceitfulness of wealth and the desires for other things come in and choke the word, making it unfruitful. 20 Others, like seed sown on good soil, hear the word, accept it, and produce a crop — thirty, sixty or even a hundred times what was sown” (Mark 4:14-20, NIV).

SATAN’S SCHEMES EXPOSED: “The great dragon was hurled down — that ancient serpent called the devil, or Satan, who leads the whole world astray. He was hurled to the earth, and his angels with him. 10 Then I heard a loud voice in heaven say: “Now have come the salvation and the power and the kingdom of our God, and the authority of his Christ. For the accuser of our brothers, who accuses them before our God day and night, has been hurled down. 11 They overcame him by the blood of the Lamb and by the word of their testimony; they did not love their lives so much as to shrink from death. 12 Therefore rejoice, you heavens and you who dwell in them! But woe to the earth and the sea, because the devil has gone down to you! He is filled with fury, because he knows that his time is short” (Revelation 12:9-12, NIV).