## SAMPLE BLESSING PRAYER

The following is an example of a blessing prayer a parent might pray over his child during a Rite of Passage event to affirm the child and cast a vision for her future.

#### Dear Heavenly Father:

Thank you for the gift <u>SON'S NAME</u> is to me, to our family and to every person in this room. I give you praise for creating him with such unique gifts.

#### MENTION SPECIFIC EXAMPLES.

I am so proud of the young man <u>SON'S NAME</u> is becoming and I ask you to give <u>SON'S NAME</u> strength and grace as he continues moving from the world of childhood into the joys and responsibilities of becoming a Godly man. In this moment, we celebrate the life <u>SON'S NAME</u> has lived so far and the exciting road he will travel into a special future.

#### MENTION SPECIFIC GOALS/OPPORTUNITIES AHEAD

Lord, you know how much I love <u>SON'S NAME</u>. You know that I will do anything within my power to help him reach his God-given potential. But, unlike the years behind us, <u>SON'S NAME</u> is moving into the season of life in which he must own more of HIS own faith and character formation. Please guide <u>SON'S NAME</u> on that journey and continue to nurture within him a passion for you and the wisdom to make wise choices.

Finally, I ask you to pour out your blessings on my <u>SON'S NAME</u> future. I can't wait to see how you will use him in coming days.

In the name of Christ our Lord, Amen.





Rite of Passage Event
Planning Guide
for your Son

Even the most simple Rite of Passage experiences can have a powerful impact in your teen's life. Ask yourself the following questions to plan the best approach for your son.

#### **ASSESS**

- Is our relationship strong enough for the experience to feel authentic vs forced?
- Does my son have other adults in his life who have had enough influence to participate in such an experience?
- Does my teen show signs he is willing to move toward adult responsibilities and attitudes?

If you answer no to any of these questions it might be better to plan a special dinner alone together to begin meaningful dialog rather than attempt the full rite of passage experience.

## **WHEN**

- What day is best to make this a special event? On a birthday? In conjunction with a holiday? As a special day of its own?
- What date would work best for those who might need to travel to participate?

## <u>WHO</u>

- What relatives should participate? (Grandparent? Respected uncle? Older brother?)
- Is the child close to a pastor, youth minister, teacher or coach he respects?

# A MAN AND HIS GOD

(Assigned To: NAME)

#### **Goal of Letter:**

As a man who has demonstrated what it means to love and serve God, <u>NAME</u> will charge <u>SON</u> to take responsibility for his own spiritual growth.

## **Possible Bible Passages:**

- Proverbs 19:23 (Fear of God = Life)
- Ecclesiastes 12:13 (Whole duty of man)
- Mark 12:30 (Love God with whole heart, soul and mind)

## Suggestions:

- Tell <u>SON</u> about your own faith journey including when and how you first became a follower of Jesus.
- Describe your hopes and prayer for <u>SON</u> as he continues to grow in faith and pursue the God you love.

## The Charge:

End the letter with a "charge" to <u>SON</u> to take responsibility for developing his own relationship with God, building on but no longer relying upon his parents' faith.

## Possible Gift/Symbol:

A Bible or an appropriate Christian book such as SUGGEST A SPECIFIC BOOK YOUR SON MIGHT LIKE with signatures/notes written within from all men in attendance.

# A MAN AND HIS MARRIAGE

(Assigned To: NAME)

## **Goal of Letter:**

As a man who has demonstrated what it means to be a Godly husband, <u>NAME</u> will charge <u>SON</u> to start being faithful to his future wife now by keeping himself pure.

## Possible Bible Verses

- Genesis 2:18 (Not good to be alone)
- Proverbs 5 (Warnings of the temptress)
- Ephesians 5:25 (Cherish your wife)
- Philippians 4:8 (Keep mind pure)

## **Suggestions:**

- Tell a story of the excitement of falling in love with your wife.
- Describe how a pure & passionate husband/wife relationship is a wonderful gift from God – something <u>SON</u> should be eager to find and jealous to protect even before marriage.
- Talk about how much more dangerous it is today than in the past ...pornography, temptations, etc.
- Talk about sexual purity as one of the ways a husband honors/cherishes his wife.
- Describe the "for better or worse" realities of dealing with difficulties in marriage and how a real man remains true to his commitment/fidelity regardless of what comes.

## **The Charge:**

Charge <u>SON</u> to guard his mind and body. Begin fidelity and faithfulness to his future bride NOW. Charge him to eagerly anticipate the wonderful gift of intimacy with his bride.

## Possible Gift/Symbol:

A three stranded piece of rope symbolizing the unity of husband, wife and God.

 If you are not planning the event as a surprise, invite your teen to suggest who he would like to be included.

## HOW

- Would my son prefer a formal event or casual experience?
- What would be a good setting for the event? The house? Grandparent's home? A favorite restaurant? The church? A park?
- What kind of fun activity would your son enjoy doing with the older men before the formal portion of the event? (For example, a teen boy might enjoy going to shooting range or golfing.)

For additional ideas on planning, we recommend the book *Spiritual Milestones* by Jim & Janet Wideman & J. Otis and Gail Ledbetter (available to check out from the Parenting Ministry Library).

For an electronic copy of this planning guide, contact <u>Levie.Chustz@thechapelbr.com</u>.

The following collection of documents is intended to help you create a meaningful Rite of Passage experience for your sixteen, seventeen or eighteen-year-old child. As you plan an event to celebrate the transition from childhood into the world of emerging adults, feel free to copy, edit or borrow from these sample materials. Consider them mere suggestions and guidelines as you do what best fits your family.

# SON'S RITE OF PASSAGE EVENT SUMMARY

Use this template to include with letters you send to the men you ask to participate.

**THE PURPOSE**: To celebrate <u>SON's</u> transition toward an emerging adult and to formally invite him to join the ranks of men by accepting responsibility for his own spiritual growth.

**THE PLAN**: Several Christian men who have influenced <u>SON's</u> life will spend time discussing manhood and inviting him to move beyond childhood by accepting responsibility for becoming a man of God.

THE EVENT: Each man is asked to write a short letter to <u>SON</u> on the assigned topic to read during the evening ceremony and present an item/gift that is symbolic of their topic/charge. The gift should be personally significant and could be one overall gift. <u>SON</u> will be invited to read his own letter accepting the invitation to manhood and then <u>DAD'S NAME</u> will lead the men in a blessing prayer. The day/evening agenda is as follows...

**FUN ACTIVITY**: The men and <u>SON</u> will go someplace in the afternoon together to enjoy a fun activity (i.e. shooting range, go cart racing, Frisbee golf, bowling, etc.) after which all will go to dinner or coffee for an informal discussion about your own experience of accepting the responsibilities and challenges of manhood.

## A MAN AND HIS CHILDREN

(Assigned To: NAME)

## **Goal of Letter:**

As a man who has modeled what it means to make being a dad his highest priority, <u>NAME</u> will charge <u>SON</u> to look forward to and prepare himself for fatherhood.

## **Possible Bible Passages:**

- Proverbs 20:7 (Integrity is caught by our children)
- Deuteronomy 6:4-9, Psalm 78:4 (Teach your children)
- Ephesians 6:4 (Fathers must be patient, humble, etc.)

## **Suggestions:**

- Describe the feeling of becoming a father.
- Discuss how a father should model the character of God to his children which makes fostering virtue through spiritual disciplines very important.
- Discuss how manhood = sacrificing yourself for your children rather than living for yourself.

## The Charge:

End the letter with a "charge" to <u>SON</u> to take responsibility for developing habits of integrity, patience and selfless service NOW in anticipation of the honor of someday becoming a father.

## **Possible Gift/Symbol:**

Something that symbolizes authority like a desk name sign or a gavil; signifying that <u>SON</u> can look forward to someday becoming "head" of a home.

## A MAN AND HIS MINISTRY

(Assigned To: NAME)

## **Goal of Letter:**

As a man who has been an important "minister" in <u>SON'S</u> life <u>NAME</u> will charge <u>SON</u> to fulfill his part in the larger body of Christ.

## **Possible Bible Passages:**

- I Corinthians 12:27 (We are an important part of the body)
- I Timothy 4:12 (Even young men should minister)
- 2 Corinthians 5:18 (All are called to the ministry of reconciliation)

## Suggestions:

- Tell about when/how you knew you were called to minister
- Tell why "ministry" isn't just limited to those in vocational church ministry
- Talk about the need to remain connected to the church and to eventually lead a wife/family by taking them to church and serving, etc.
- Emphasize the overall "ministry of reconciliation" to which all men are called
- Possibly touch upon how you've seen <u>SON</u> serve and possible places/situations in which he may be called to "minister" in the future such as in college, the workplace, at church, at home, in the community, etc.

## The Charge:

End the letter with a "charge" to <u>SON</u> to take responsibility to always seek a place to use his gifts in God's service.

## Possible Gift/Symbol:

A "Certificate of Ministry" signifying that <u>SON</u> has a place and is part of the larger body of Christ

**CEREMONY:** We will gather at <u>LOCATION</u> at <u>TIME</u> for the formal ceremony. Your assigned topics are

listed in the agenda below and suggested ideas for your letter are attached.

## **Invitations to Godly Manhood**

A Man and His Relationships

(NAME OF MAN ASSIGNED)

A Man and His Work

(NAME OF MAN ASSIGNED)

A Man and His Ministry

(NAME OF MAN ASSIGNED)

A Man and His Children

(NAME OF MAN ASSIGNED)

A Man and His Marriage

(NAME OF MAN ASSIGNED)

A Man and His God

(NAME OF MAN ASSIGNED)

<u>Acceptance:</u> <u>SON</u> will make a few informal comments and/or read his own letter expressing his desires for manhood and acceptance of responsibility for future spiritual growth.

## **Blessing Prayer**

Men lay hands on <u>SON</u> and pray, with <u>DAD</u> finishing the prayer time with a prayer of blessing. (see example on back of this pamphlet)

Thank you, in advance, for joining us for this important milestone in SON'S life!

# A MAN AND HIS RELATIONSHIPS

(Assigned To: NAME)

## **Goal of Letter:**

As a man who has modeled what it means to be a good friend, NAME will charge <u>SON</u> to make relationships a priority in life.

## **Possible Bible Passages:**

- Proverbs 27:17 (Friends sharpen one another)
- John 15:13 (Friends sacrifice for one another)
- 2 Corinthians 6:14 (Good friends share common beliefs)

## Suggestions:

- Tell about the time OFFER IDEAS FROM SHARED MEMORIES
- Tell stories of your own important friendships over the years
- Describe your own close, lifelong friends perhaps reflecting on times you've been there to support one another in difficult days and/or times you enjoyed laughing together, etc.
- Talk about what it means to sacrifice yourself your others and how real men are willing to move beyond themselves to serve others

## The Charge:

End the letter with a "charge" to <u>SON</u> to take responsibility for becoming a true friend to others by serving them, supporting them when they need it and modeling Jesus' example of "laying down one's life for a friend."

## Possible Gift/Symbol:

Grandpa's metal file – signifying that iron sharpens iron

# A MAN AND HIS WORK

(Assigned To: NAME)

## **Goal of Letter:**

As a man who has demonstrated success in his career and the discipline of hard work, <u>NAME</u> will charge <u>SON</u> to take an appropriate pride and honor in his work.

## Possible Bible Passages:

- Proverbs 13:4 & 20:4 (Hard work brings reward)
- I Timothy 5:8 (Manhood means providing for yourself and family)
- Colossians 3:23 (Work as unto God, not men)
- Galatians 6:4-5 (must be self -reliant to be a contributor)

## **Suggestions:**

- Tell about your first job, your worst job, your best job.
- Describe the satisfaction of a job well done and of providing well for your wife/children.
- Describe times you've been able to give to the needy and how it feels for God to use you as a blessing to others thanks to your hard work earning money.
- Talk about the ultimate purpose of work = worship by building something to God's glory.

## The Charge:

End the letter with a "charge" to <u>SON</u> to take responsibility for becoming a successful man in his work by dedicating all he does to God's glory and by taking his role as leader of a family who provides for his own.

## Possible Gift/Symbol:

A significant \$\$\$ bill – signifying the rewards of hard work and the role of a man as provider (something bigger than what the son would already have in his wallet) Maybe the first dollar earned from a man's business.